IN THE CLAIMS:

Please amend claims 1-13, 16-18 and 20 and add new claims 21-29 as follows.

- 1. (Currently Amended) An impact head—for a guardrail including a cable routing means configured to form a tortuous path through which a cable can be threaded.
- 2. (Currently Amended) An impact head—for a guardrail according to claim 1 wherein the cable routing means includes a member having two or more cable entry ports through which a cable may be threaded.
- 3. (Currently Amended) An impact head for a guardrail according to claim 1 which includes one or more cables threaded through the cable routing means.
- 4. (Currently Amended) An impact head for a guardrail according to claim 3 wherein the cable routing means is configured so that when a force is applied to the impact head the cables are forced through the cable routing means, such that resistance to cable movement provided by the tortuous cable path limits movement of the impact head caused by the force.

- 5. (Currently Amended) An impact head—for a guardrail according to claim 3 wherein the cables are under tension.
- 6. (Currently Amended) An impact head—for a guardrail according to claim 3 wherein at least one end of the cables is anchored to the ground.
- 7. (Currently Amended) An impact head for a guardrail according to claim 6 wherein one end of the cables is anchored to the ground and thea remaining end of the cables is anchored to a rail and/or a support post.
- 8. (Currently Amended) An impact head for a guardrail according to claim 7 wherein the impact head is positioned substantially between the two anchor points.
 - 9. (Currently Amended) A guardrail including comprising: a plurality of support posts;
- a plurality of rails slidably interconnected and mounted directly or indirectly to the posts;
- at least one cable provided along at least a part of the length of the slidably interconnected rails wherein at least one end of the eablesat least one cable is fixed in relation to the ground; and

Filed: March 21, 2006

eharacterised in that it includes an impact head-according to claim 1

positioned with a cable routing means configured to form a torturous path at one

end of the slidably interconnected rails and through which the eables areat least

one cable is threaded.

10. (Currently Amended) A guardrail according to claim 9

wherein both ends of the eables areat least one cable is fixed in relation to the

ground.

(Currently Amended) A guardrail according to claim 9 11.

wherein the end of the eablesat least one cable located farthest from the cable

routing means is anchored to a rail and/or a support post.

(Currently Amended) A guardrail including comprising: 12.

a plurality of support posts;

a plurality of rails slidably interconnected and mounted directly or

indirectly to the posts;

at least one cable provided along at least a part of the length of said

slidably interconnected rails wherein each end of the eablesat least one cable is

fixed in relation to the ground; and

an impact slider means substantially surrounding a first rail and

including a portion which gathers and retains rails during an impact.

Filed: March 21, 2006

13. (Currently Amended) A guardrail according to claim 12

additionally including an impact head with a cable routing means configured to

form a tortuous path through which a cable the at least one cable can be threaded.

14. (Original) A guardrail according to claim 12 wherein the

cable routing means is mounted on a first post and the impact slider device is

attached to the end of a first rail.

15. (Original) A guardrail according to claim 14 wherein the

impact slider device is adapted so as to be able to slide along a second rail

overlapping the end of the first rail.

16. (Currently Amended) A frangible fastener for use in a

guardrail or an impact head for a guardrail according to claim 12 any one of the

preceding claims wherein the frangible fastener includes comprises:

a head portion, a tail portion and a shank portion;

wherein the head portion has a minimum cross-sectional diameter

greater than the maximum cross-sectional diameter of the tail portion; and

wherein the shank portion includes a frangible zone, having a

minimum cross-sectional diameter smaller than the tail portion's maximum cross-

sectional diameter.

17. (Currently Amended) An impact head according to claim 1 which includes one or more frangible fasteners wherein the frangible fastener includes comprises:

a head portion, a tail portion and a shank portion;

wherein the head portion has a minimum cross-sectional diameter greater than the maximum cross-sectional diameter of the tail portion; and

wherein the shank portion includes a frangible zone, having a minimum cross-sectional diameter smaller than the tail portion's maximum cross-sectional diameter.

18. (Currently Amended) A guardrail according to claim 9 which includes one or more frangible fasteners wherein the frangible fastener includescomprises:

a head portion, a tail portion and a shank portion;

wherein the head portion has a minimum cross-sectional diameter greater than the maximum cross-sectional diameter of the tail portion; and

wherein the shank portion includes a frangible zone, having a minimum cross-sectional diameter smaller than the tail portion's maximum cross-sectional diameter.

19. (Original) A guardrail according to claim 9 wherein it includes one or more frangible posts comprising:

a first member substantially orthogonally connected to a second member,

wherein the at least one first member has a region of weakness.

20. (Currently Amended) A method of constructing a guardrail including the steps of:

installing a plurality of support posts;

slidably interconnecting a plurality of rails and mounting them directly or indirectly to said posts;

fixing at least one end of at least one cable to the ground; and positioning an impact head with a cable routing means configured to form a tortuous path through which a cable can be threaded_at one end of the slidably interconnected rails and threading at least one cable through it.

21. (New) An impact head according to claim 1 wherein the tortuous path is configured to absorb at least a portion of the kinetic energy of an impact on the impact head.

Filed: March 21, 2006

22. (New) An impact head according to claim 1 wherein the

tortuous path is any path that provides sufficient friction to slow down the

movement of the impact head during an impact.

23. (New) An impact head according to claim 1 wherein the

tortuous nature of the passage through the cable routing means is provided by one

or more turns through which the cable may be threaded.

24. (New) An impact head according to claim 1 wherein the

tortuous nature of the passage through the cable routing means is provided by one

or more turns of greater than substantially 90° through which the cable may be

threaded.

25. (New) An impact head according to claim 1 wherein the cable

routing means includes at least one substantially 180° turn.

26. (New) An impact head according to claim 1 wherein the cable

routing means includes at least one substantially S or Z-shaped turn.

27. (New) An impact head according to claim 1 wherein the cable

routing means is adapted so that in use and during a collision or impact with the

impact head, the cable is forced through the cable routing means, where resistance

Filed: March 21, 2006

to cable movement provided by the tortuous cable path substantially facilitates

impact energy dissipation.

28. (New) An impact head according to claim 1 wherein the cable

routing means comprises a bar member having a longitudinal axis and including a

cable entry port adapted to allow the cable to pass directly therethrough when said

bar member is in a first non-cable-gripping orientation, and wherein upon rotation

of said bar member through at least 90° about said longitudinal axis, a second

cable-gripping orientation is reached.

29. (New) An impact head according to claim 1 wherein the

tension of one or more cables can be adjusted so as to give a suitable resistance to

movement.